

**TRIANGLE
PILATES** 
& CARY YOGA CENTER

Community Yoga



**Saturday, July 25, 2009
12:30-1:45PM
Lochmere Pavilion Studio**

Proceeds to support
Wake County Autism Society

Join in the effort to expand yoga beyond the walls of the studios and into the hearts of our communities ... join Brittney Powell, RYT for a fun, dynamic hatha yoga class. Come solo, invite a friend or make it a “family” event.

\$10 donation requested – but if you can’t make a donation, don’t let that keep you from joining us!
Checks Can be made payable to WCAS

**More Information on our Community Yoga Classes?
919-851-7221 www.caryyogacenter.com**

**Do you want to learn more about Wake County Autism Society
Contact: 919-459-2544
www.wakecountyautismsociety.org**